

Please post your completed form to:

**Mentoring Team Leader
The Door Youth Project
26, Gloucester Street,
Stroud, GL5 1QG**

Phone No: 01453 756745 / 752730

Email:

annie@thedooryouthproject.org.uk

Website:

www.thedooryouthproject.org.uk



**Meeting the needs of
11 to 25 year olds in the
Stroud area**



What is the scheme?

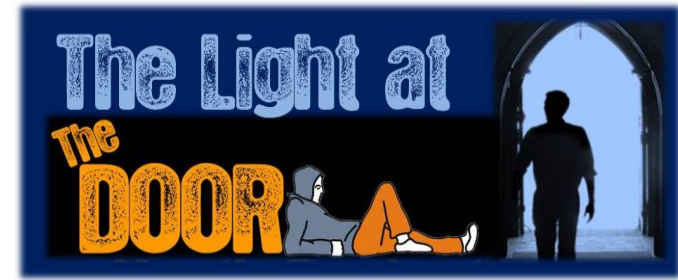
The Light at The Door Mentoring scheme encourages members of local communities to provide consistent, stable support to Young People in the Stroud district.

The support is aimed at helping Young People as they make the sometimes difficult transition from childhood to adulthood.

The Mentoring scheme aims to empower Young people to make genuine, informed decisions about their lives.

The positive role model of their Mentor will help and encourage the Young Person in building the self confidence and skills required to resolve issues that they may face.

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Tel: 01453 756745 / 752730
www.thedooryouthproject.org.uk
Reg. Charity no. 1131919
Patron:: The Marques of Reading
Company no. 6999936



**Young
People's
Mentoring
Scheme**

**Information
for Young
People**

What is a mentor?

- A mentor is someone who spends a couple of hours each week with you.
- A mentor is a volunteer who chooses to spend time with you because you're worth it. They do it because they want to – not because they are paid to.
- We have 2 kinds of mentors – adult and peer mentors. Peer mentors are young people trained to help other young people.
- A mentor will help you set goals that are important to you – and will help you achieve them.
- A mentor will help you work through difficult times and situations, and will do practical things to help you, and fun stuff too.

What do I have to do?

- If you think you would like a mentor, let us know using the form provided
- Think about whether you'd like a mentor of your own age (a Peer Mentor) or someone older (an adult Mentor)
- Our Mentoring Team Leader will contact you and arrange a time when you can chat together
- Once we know you want to go ahead, we match you with a mentor, then you work out with the mentor when the best time is for you to meet up.

Making Contact:

Please complete the form provided and post it in a sealed, stamped addressed envelope to the address on the rear.

I would like to have a mentor

Name: _____

Date of Birth: _____

Address: _____

Post Code: _____

My mobile: _____

Home phone: _____

My parent or guardian's name and telephone number (if you are under 16)

Name: _____


Telephone: _____

Mobile: _____

Please sign here:

Please tell us how you heard about us.

I would be interested in (please tick):

 A Peer Mentor An Adult Mentor Either